

DOSSIER 2026

SIERRA
BLANCA
TRAIL



PARTICIPANT GUIDE

Welcome to the XI Edition of Sierra Blanca Trail.

This is your complete guide to help you arrive well-prepared and make the most of this unforgettable adventure.

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COMING FROM OUTSIDE MARBELLA?

ESSENTIAL INFORMATION ON PARKING AND KEY LOCATIONS

PARKING

WHITE ZONES: Free parking.

Several streets near the bib collection area offer this type of parking.

BLUE AND GREEN ZONES: Paid parking with limited stay.

Please check signs carefully for local rates and time restrictions. On 14 February, parking is only chargeable between 09:00 and 14:00.

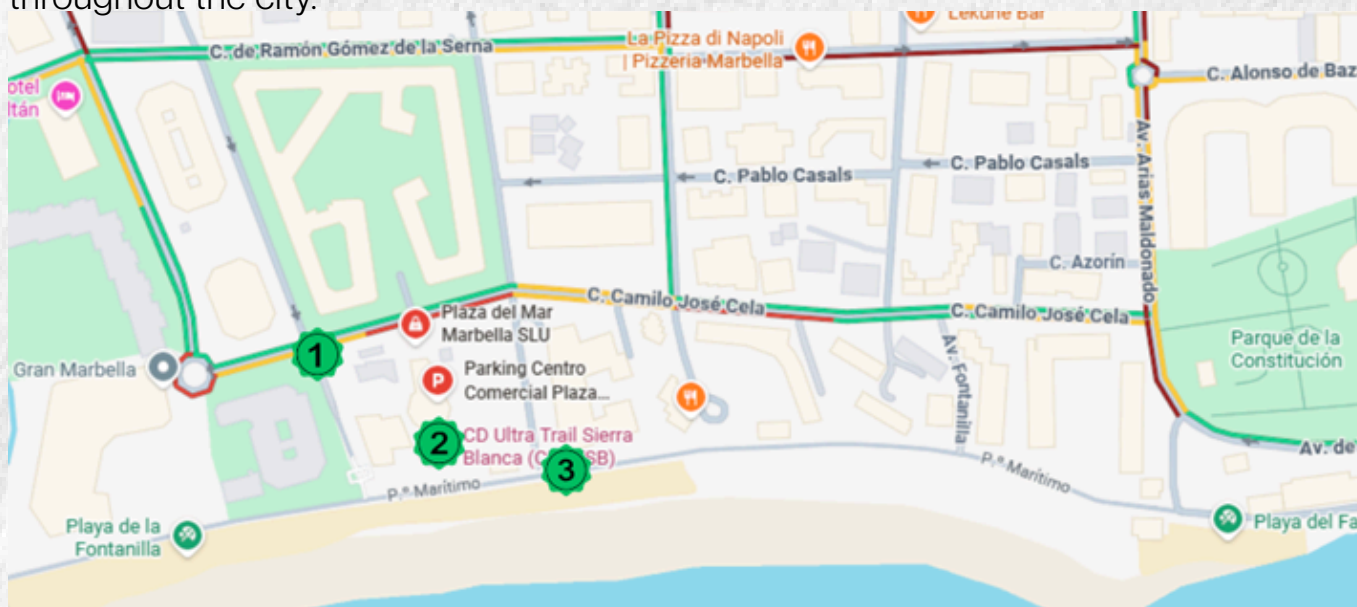
CAMPERVANS/MOTORHOMES:

Marbella currently does not offer a designated area for campervans or any hardstanding surface specifically for event participants.

If travelling by campervan and using free parking zones, please avoid any signs of overnight stay (chairs, awnings, etc.) to prevent issues with the local police.

KEY LOCATIONS

Although the race reaches the mountain summit and passes through natural landscapes, the course has been designed with an accessible, urban approach: both the start and finish are located on Marbella's seafront promenade, right in the city centre, offering direct access to the beach and easy pedestrian connectivity throughout the city.



Plaza del Mar Shopping Centre

1. Paid Parking: [UBICACIÓN](#)
2. Bib Collection
3. Start / Finish Line

EVENT SCHEDULE

 **Friday, 13 February**

BIB COLLECTION

 Ground Floor – Plaza del Mar Shopping Centre

16:00 – 20:00 → Available for all distances


 **Obligatory for participants residing in Marbella**

INFO SESSION AND Q&A

19:00 – 20:30 → A brief presentation covering key event updates followed by a question-and-answer session.

 **Saturday, 14 February**

BIB COLLECTION

 Ground Floor – Plaza del Mar S.C.

06:30 – 07:30 → DESTROYER

07:30 – 08:30 → ROMPEPIERNAS

08:30 – 09:30 → TRAMPANTOJO and
HIKING

START & FINISH TIME

 Paseo Marítimo – In front of Plaza del Mar S.C.


DESTROYER → 08:00 – 18:00



ROMPEPIERNAS → 09:00 – 18:00

TRAMPANTOJO → 10:00 – 14:00

HIKING → 10:00 – 16:00

TROPHY CEREMONY & POST-RACE GATHERING

 Location depends on weather condition:

-  Good weather: [Upper terrace of Plaza del Mar S.C.](#)
-  Rainy weather: [Ground floor of Plaza del Mar S.C.](#)

14:00 → TRAMPANTOJO

16:00 → ROMPEPIERNAS y DESTROYER

END OF EVENT ACTIVITIES

21:00

! IMPORTANT: Please arrive early to avoid queues and delays. Bibs and race packs will not be issued without the required documentation. No exceptions will be made under any circumstances.

REQUIREMENTS FOR BIB COLLECTION

To speed up the collection process, the following documentation must be presented in digital format (photo or file on your phone):

- **QR code** received in your registration confirmation
- **ID document:** National ID (DNI), Foreigner ID (NIE), passport, or driving licence.

If collecting a bib on behalf of another participant

- A photo of the participant's ID (DNI/NIE/passport)
- A signed authorisation from the participant.

BAG DROP SERVICE

When collecting your bib, you may leave your backpack, bag or clothing item at the designated bag drop desk. Our team will securely store your belongings until the end of the race.

HOW DOES IT WORK?

- Sign the registration form when leaving your items
- Your belongings will be stored in a bag labelled with your bib number
- You can collect your items at the same desk, located inside the Plaza del Mar Shopping Centre
- To retrieve your belongings, please show your bib and sign the collection form
- Showers will be available on the mezzanine level of the gym in the shopping centre

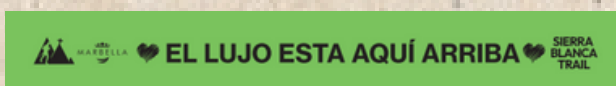
IDENTIFICATION WRISTBAND

At bib collection, you will receive an identification wristband, which is required to access aid stations and post-race food services.

There are three types of wristbands, depending on your registration and dietary requirements:

● **GREEN WRISTBAND** – Participants without dietary restrictions

- Full access to food and drinks at all aid stations
- Does not include access to specific dietary zones (e.g. gluten-free / lactose-free)
- Includes 1 meal and 2 drinks in the finish area
- Additional meals may be purchased at the food station.



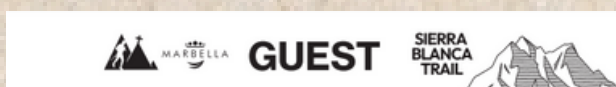
● **RED WRISTBAND** – Participants with specific dietary requirements

- For those with intolerances, allergies, or special diets
- Grants access to designated food zones at aid stations and post-race with options:
 - Gluten-free
 - Lactose-free
 - Nut-free
 - Vegetarian options
- Includes 1 adapted meal and 2 drinks



● **WHITE WRISTBAND** – Accompanying guests.

- Can also be purchased at the shop during the event by providing the participant's bib number (if not previously ordered).
- Includes access to 1 meal and 2 drinks, same as participant wristbands.



OFFICIAL EVENT APPAREL

The organisation reserves the right to modify the garment included in the runner's pack, depending on availability or quality improvements.

- If the size you selected during registration does not match the one provided, you may request an exchange at the collection point, subject to availability.
- Our goal is to offer practical, useful, and sustainable products, continuously improving quality with each edition while also giving participants the opportunity to avoid unnecessary waste.

NOT KEEN ON THE GARMENT OR DON'T WISH TO KEEP IT?

You can donate it directly at the collection point. These garments may be resold to raise funds for charitable causes and environmental projects, as detailed later in this guide.

SIERRA BLANCA TRAIL OFFICIAL SHOP

The shop will be open on 13 and 14 February during bib collection hours, and again on race day in the finish area, within the market zone

AVAILABLE PRODUCTS:

- Prendas oficiales del evento
- Merchandising exclusivo

ACCEPTED PAYMENT METHODS:

- Efectivo
- Tarjeta (Visa, Mastercard, Amex, etc.)

WHERE DO THE PROCEEDS GO?

All funds raised through the shop are used to support:

The organisation and improvement of future editions

Inclusion and accessible participation projects

Volunteer support and recognition activities

Environmental conservation and protection initiatives

YOUR SUPPORT MAKES A DIFFERENCE

Visit the shop, take home a special souvenir, and help ensure the future of Sierra Blanca..

Thank you for being part of this adventure!

MANDATORY KIT

All participants must carry the mandatory kit required for their chosen distance. Race officials may carry out kit checks before allowing access to the start area (holding pen).

Participants without the MANDATORY KIT will not be allowed to start.

● TRAMPANTOJO

- Windproof jacket with hood and long sleeves (may be carried in the backpack)
- Thermal blanket (minimum size 1.20 x 2.10 m)
- Water container (minimum 0.5 L) or collapsible cup
- Fully charged mobile phone with the "SOSFY Help" app activated
- Cap, visor, or buff
- Whistle
- Bib number visible throughout the race.

● ROMPEPIERNAS and ● DESTROYER

In addition to the above, the following items are required:

- Trousers or tights that cover below the knees
- Windproof jacket (may be carried in the backpack)
- Waterproof jacket required in case of adverse weather conditions (The organisation will notify participants if necessary)
- Water container (minimum 1 litre) + collapsible cup
- Track of the course downloaded to a GPS watch, device, or mobile phone

RECOMMENDED KIT

● TRAMPANTOJO

- Gloves
- Downloaded track

● ROMPEPIERNAS

- Gloves
- GPS device or compass

● DESTROYER

- Gloves
- GPS device or compass
- Head torch or flashlight with spare batteries
- Rear red light (must be on at night)

SAFETY MEASURES

EMERGENCY NUMBERS

(We recommend saving them on your phone. They are also printed on your race bib)

☎ 112 – General Emergencies

☎ +34 659 46 55 87 – Race Coordination

APP SOSFY – Emergency Support Without Mobile Signal

This app allows you to share your location even without mobile coverage.

Without it, locating you in the event of an accident becomes much more difficult.

Before the start:

- Download and activate the app
- Set your location to: Marbella
- In case of an accident, choose **Protección Civil** as your emergency contact

⚠ **Installation is mandatory.** Without it, we cannot guarantee an efficient rescue.

Emergency Control & Rescue Centre

The event's emergency operations will be coordinated by Protección Civil, supported by:

- Drones with thermal/infrared vision
- GREIM (Mountain Rescue and Intervention Group)
- Helicopters and specialised firefighters equipped for rescues in difficult terrain
- Ambulances located at key points along the course

🚨 What to do if you see a rescue drone?

- Do not attempt to speak to the drone
- Point to the part of your body that is injured (if applicable)
- If you're OK, give a clear thumbs-up so the team can see

To ensure your medical care is covered by the race insurance:

1. Report the incident to the race medical team or event staff
2. Present the official insurance document, duly signed (available from ambulances or Protección Civil)

✗ **Without this document, medical centres will not be able to treat you under the event's insurance policy.**

FOLLOWING THE RACE (for support)

Sierra Blanca Trail is a mountain race that runs through natural areas with limited vehicle access, particularly at aid stations.

In the sections where vehicle access is possible, parking is very limited and often shared with hikers and other mountain users.

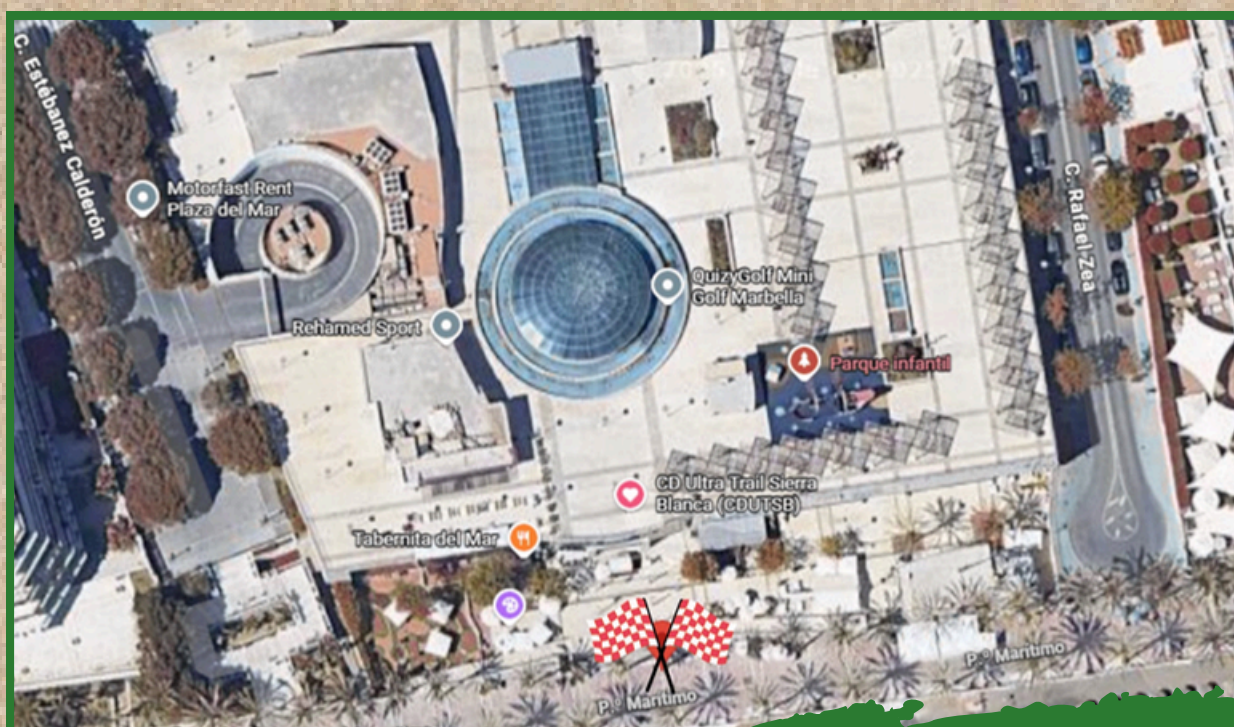
Below are the aid stations that can be reached by car, along with specific access details. In most cases, it will be necessary to walk a section from the parking area to the station.

! IMPORTANT NOTES:

- Mountain aid stations have only public parking, with no reservations or controlled access.
- For the **Trampantojo** distance, vehicle access to the aid station is not possible. We recommend supporters follow the race from the start and finish line, or from other accessible urban points.

START and FINISH LINE

<https://maps.app.goo.gl/Zii3z16WsWBR5c4XA>



ACCESS POINTS

“OJÉN” AID STATION

Parking in Ojén

(free parking, more than 100 spaces)

<https://maps.app.goo.gl/Zii3z16WsWBR5c4XA>

Walk to Ojén town square

(approx. 200 m / 4 min on foot)

<https://maps.app.goo.gl/Zii3z16WsWBR5c4XA>

“PUERTO DE MARBELLA” AID STATION

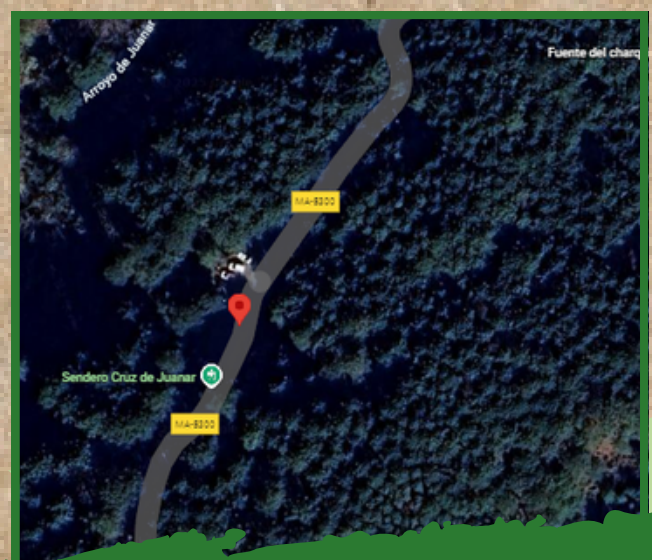
Parking at “Cancela

de Juanar” (aprox. 30 plazas):

<https://maps.app.goo.gl/JTDk3bQervZPotzca>

Walk to Aid Station

(approx. 1,5 km / 23 min on foot):

<https://maps.app.goo.gl/c7Gu9NcC3efU8d2W7>

SERVICES AVAILABLE IN THE FINISH AREA

Childcare service for participants' children, with limited places allocated on a first-come, first-served basis. This service is available only when there are no companions or partners who can take care of the children.

- **Price:** €10.00 per child. Includes activities and healthy snacks.
- **Opening hours:**
 - From 7:30 a.m. to 6:30 p.m. for Destroyer and Rompepiernas participants.
 - Until 3:30 p.m. for Trampantojo participants.
 - Until 4:30 p.m. for Hiking participants.
- **Important:** Please collect children as soon as possible after the runner finishes and do not leave them in the childcare area once the race has been completed.

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- **Recovery Massage**, available from 11:00 to 18:30 h
 - **Interviews** – Share your Sierra Blanca experience
 - **Post-race refreshments**, including food and drinks to help you recover
 - **Showers** available for runners' use
 - **Prize-giving Ceremony**
-
- **Post-race Community Lunch** – Traditional Paella
 - Includes 1 plate of food + 2 drinks with wristband
 - Additional wristbands available for purchase during the event
 - Gluten-free, lactose-free, and vegetarian options available upon request (during the registration process)

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Thank you for sharing this adventure with us!

Without you, it's just trails. With you, it's an experience to remember forever.